

DISCIPLINE – YOU CAN'T SUCCEED WITHOUT IT!

Hank Tate

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DISCIPLINE

WELCOME TO THE WAR

If you lose –
your children lose

“He who does not punish evil commands it to be done!”

Leonardo da Vinci

GOD'S PROMISES TO PARENTS

BLESSING

PROVERBS 10:1 “...A wise son brings joy to his father.”

PROVERBS 23:24 “The father of a righteous man has great joy; he who has a wise son delights in him..”

PROVERBS 29:17 “Discipline your son, and he will give you peace; he will bring delight to your soul.

CURSING

PROVERBS 10:1 “...a foolish son brings grief to his mother.”

PROVERBS 17:21 “To have a fool for a son brings grief; there is no joy for the father of a fool.”

PROVERBS 29:15 “...a child left to himself disgraces his mother.”

GOD'S VIEWPOINT

CHILDREN ARE A GIFT

PSALMS 127:3 “Sons are a heritage from the Lord, children a reward from him.”

GOD'S OBJECTIVE

DEUT. 6:6&7 “These commandments that I give you today are to be upon your hearts. Impress them on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up.”

EPHESIANS 6:4 “Fathers, do not exasperate your children; instead, bring them up in the training and instruction of the Lord.”

PARENTS ARE RESPONSIBLE TO GOD

ROMANS 13:1 “Everyone must submit himself to the governing authorities, for there is no authority except that which God has established.”

PARENTS HAVE BEEN DELEGATED AUTHORITY BY GOD FOR THE PURPOSE OF CHILD TRAINING

*A child learns obedience to parents as a
preparation for his obeying God.*

CHILDREN – OBEY & HONOR

COLOSSIANS 3:20 “Children obey your parents in everything...”

EXODUS 20:12 “Honor your father and your mother, so that you may live long in the land the Lord your God is giving you.”

EPHESIANS 6:2 “Honor your father and your mother – which is the first commandment with a promise – that it may go well with you and that you may enjoy long life on the earth”

Obey from the Greek is a command and means “to hear and obey, to hear under.”

A CHILD IS TO DO WHAT HE IS TOLD!

Even though the command is to the children, parents, as the ones in charge are accountable for its fulfillment as long as the children are under their control

CHILD'S NATURE

ROMANS 5:12 “Therefore, just as sin entered the world through one man, and death through sin, and in this way death came to all men, for all have sinned.”

PSALMS 51:5 “Surely I was sinful at birth, sinful from the time my mother conceived me.”

PSALMS 58:3 “Even from birth the wicked go astray; from the womb they are wayward and speak lies.”

When parents recognize that the natural, normal tendency of their child is to satisfy his own sinful nature, they are ready to become successful parents.

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PARENTAL RESTRAINT

PROVERBS 29:15 *“The rod of correction imparts wisdom, but a child left to himself disgraces his mother.”*

Hebrew for “left to himself” is used to describe animals pasturing without fences or restraint.

1 SAMUEL 3:13 *“For I told him that I would judge his family forever because of the sin he knew about; his sons made themselves contemptible, and he failed to restrain them.”*

Hebrew word translated “restrain” means to “make weak or feeble”.

Primary role of a parent is to act as an external control over the child until he can be taught internal controls.

TWO PHASES

CONTROL - Child Phase

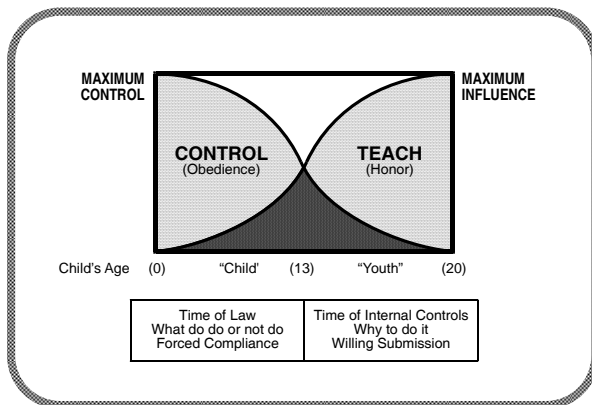
Ages birth through 13

TEACHING – Youth Phase

Ages 13 through 20

A child who has been trained to be obedient to his parents will respect their position of authority and be prepared to accept their instructions. They are then able to teach him a value system from manners to morality plus academic instruction that matches his mental maturity.

DISCIPLINE TIME LINE



CONTROL

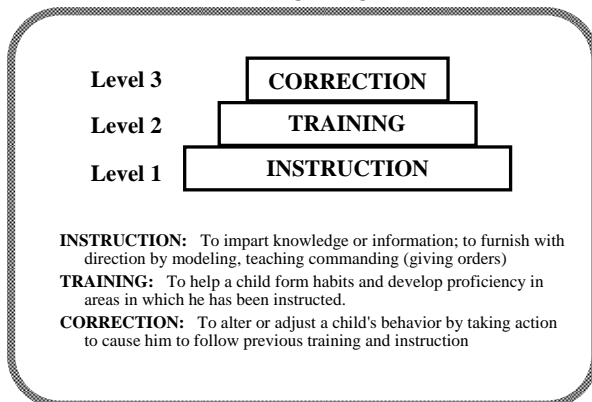
The control aspect of child training is crucial to being a successful parent.

Control is the power (force) to control, regulate, or guide; a holding back, a restraint, a curb

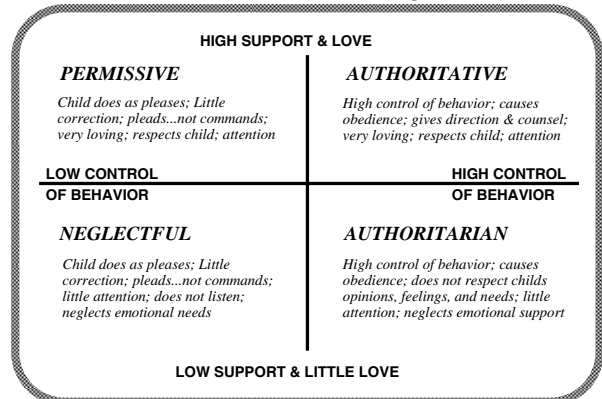
4 Methods for CONTROL & DISCIPLINE

- Communication
- Consequences (Natural & Logical)
- Rewards (Intrinsic & Extrensic)
- Spanking

TEACHING



MAINTAIN BALANCE



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WHERE TO BEGIN?

- Start as early as possible
- Teach "stop", "come", and "no" early.
- Require instant response without backtalk
- Don't subject child to tests of responsibility where the consequence of failure is too severe for the lesson learned.
- Child must learn that parents will is paramount — not his will.
- Never deal on the basis of a child's "wants" only on the basis of the child's "needs"
- Never give in to a child who is begging for something.

HOW TO SHAPE A CHILD'S WILL

- **Define the boundaries before they are enforced.**
- **When defiantly challenged, respond with confident decisiveness.**
- **Distinguish between willful defiance and childish foolishness.**
- **Reassure and teach after the confrontation is over.**
- **Avoid impossible demands.**
- **Let love be your guide.**

"Temper Your Child's Tantrums" - James Dobson

METHOD 1 - COMMUNICATION

DIRECT ASSERTIVE COMMUNICATION

I. Always use communication as your first method of discipline.

- Gives the child the benefit of the doubt
- Communication is necessary to determine if the child understood the instructions
- Sometimes sufficient to solve the problem

II. Kinds of Communication

- Tone of Voice
- Nonverbal Communication
- Words

METHOD 2 - CONSEQUENCES

I. Natural Consequences - experiencing the results of poor choices.

Children who are protected and don't learn that there are consequences to bad choices learn the hard way, when they are adults, that poor choices result in pain and suffering. Only in adulthood, the pain is greater and there is more at stake.

II. Logical Consequences - planned negative consequences for improper actions

- Can be used with all ages 5 and up
- Teaches responsibility
- Weakens the power struggle between parent & child
- Gets results with very little talk

METHOD 3 - REWARDS

I. Intrinsic Reward - an internal feeling or response within the child when he does what is good or right.

Self-respect is the best reward possible and is more satisfying than extrinsic rewards.

II. Extrinsic Rewards

- **Social rewards** - Most Important - words of praise, hugs, affection, attention, smiles, a kiss
- **Activities & Special Privileges** - friend overnight, party, picnic, special field trip.
- **Tangible Rewards** - ice cream cone, gum, toy, book, special gift, money

METHOD 4 - SPANKING

PROVERBS 13:24 "He who spares the rod hates his son, but he who loves him is careful to discipline him."

PROVERBS 22:15 "Foolishness is bound in the heart of a child, but the rod of correction will drive it far from him."

PROVERBS 23:13,14 "Do not withhold discipline from a child; if you beat him with a rod, he will not die. If you beat him with the rod you will save him from Sheol."

- Spanking is a procedure - not a reaction
- Use with defiance and rebellion, not childish foolishness
- Used more with younger children; less as better trained
- Do not use in anger - wait until calm. Done in Love!

MATTHEW 18:6 "But whoso shall offend one of these little ones which believe in me, it were better for him that a millstone were hanged about his neck, and that he were drowned in the depth of the sea."

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REBELLION

REBELLION is the act of open or determined defiance of, or resistance to, any authority or controlling power.

A child is in rebellion any time he knowingly and willingly places his will above the stated will of the parents.

1 SAMUEL 15:23 *"For rebellion is like the sin of witchcraft..."*

REBELLION MUST BE CONQUERED

GOD IS SERIOUS

OBEDIENCE & HONOR ARE SERIOUS BUSINESS WITH GOD

MATTHEW 15:4 *"For God said, 'Honor your father and mother' and 'Anyone who curses his father or mother must be put to death'".*

EXODUS 21:15 *"Anyone who attacks his father or his mother must be put to death"*

DEUT. 27:16 *"Cursed is the man who dishonors his father or his mother."*

DEUT. 21:18 *"If a man has a stubborn and rebellious son who does not obey his father and mother and will not listen to them when they discipline him, his father and mother shall take hold of him and bring him to the elders at the gate of the town....then all the men of his town shall stone him to death."*

SPANKING - THE PROCEDURE

RESERVE FOR REBELLION AND WILLFUL DEFIANCE

1. Be sure acceptable behavior and consequences have been defined ahead of time. Don't spank for something that hasn't had a warning.
3. Upon an infraction: ask the child if he knows what he did and the consequences.
4. Reassure of your love, but explain your responsibility to God to discipline them and help them learn correct behavior.
5. Spank (1-3 swats). Don't spank in anger. If angry, you waited too long. Should be an act of parent's will, not an acting out of the parent's emotions.
6. Don't allow rebellious crying.
7. Immediately reconcile with the child by hugging and kissing.
8. If necessary, have the child make restitution.

QUICK RESPONSE

- Child abuse is the explosion of a parent's emotions in uncontrolled anger.
- Anger is usually built over time - like a stack of ice cubes.
- Quick response lowers a parent's emotional tension.
- Quick response teaches more effectively.
- Quick response restores proper relationships more quickly.

BE CONSISTENT

BE A "HOT STOVE" TO YOUR CHILD!

HINTS & HELPS

- **MEALS** - a home is not a restaurant with menus. A child should eat what put in front of them...with thanksgiving.

If they don't want it put it away for the next meal. No snacks. The child won't starve. They will learn to eat what is served.

- **TEMPER TANTRUMS** - a definite act of rebellion. Do not allow!

Deal with consistently. Sometimes must continue in faith that God's promises are true. Use whatever is effective in breaking the child's will — spanking, shower...

HINTS & HELPS 2

- **CHORES** - life does not allow an unlimited time for accomplishing our responsibilities. Define a time for acceptable completion. Defining a time gives ability to discipline for character traits such as attentiveness and perseverance.
- **DON'T SAY "NO" TO EVERYTHING** - Be generous with the child as much as possible. The "No's" will be more meaningful.
- **GIVE TIME WARNINGS** - Allow child to prepare themselves for coming events. Use a timer to warn for bedtime

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